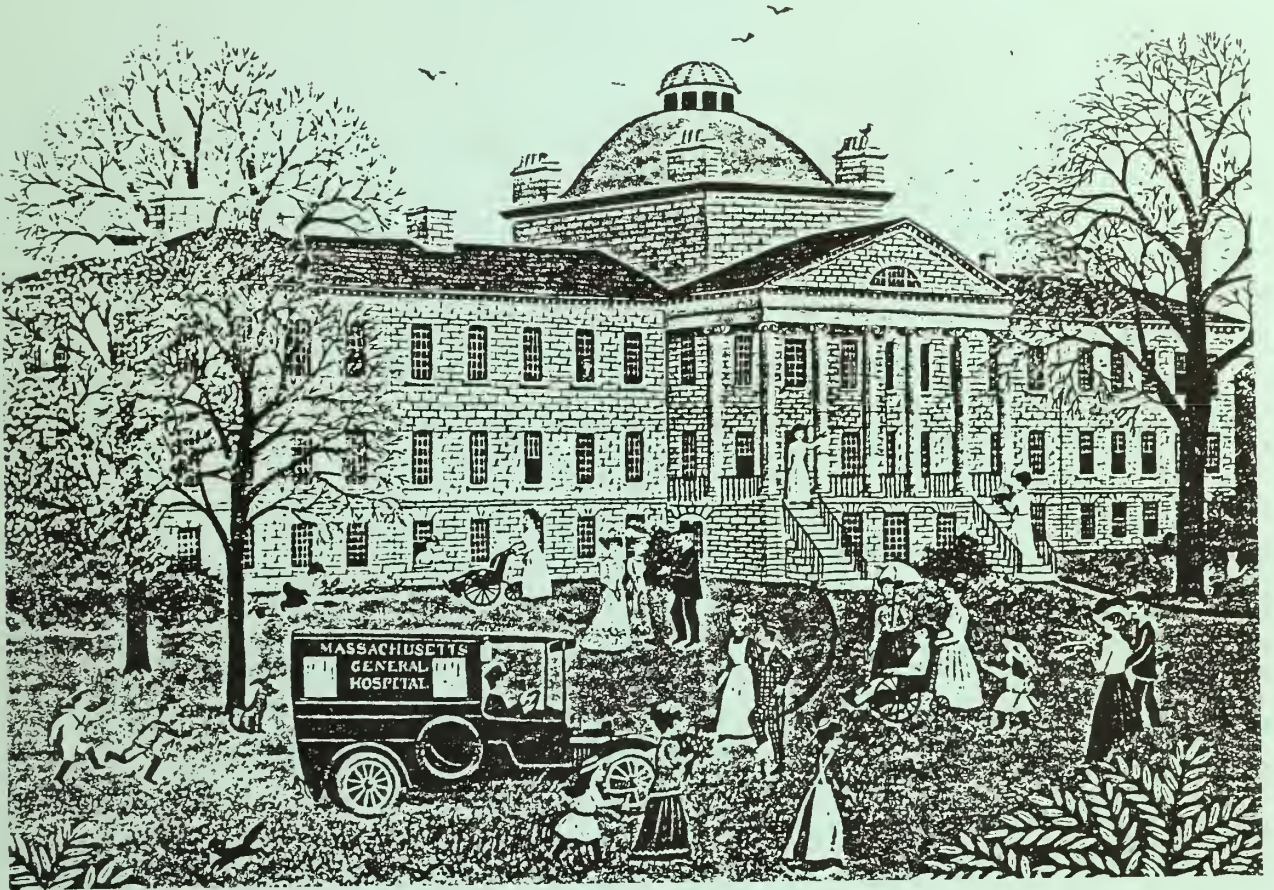


# *The Alumnae Record*



*A publication of the Massachusetts General Hospital  
Nurses' Alumnae Association*



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*of the*  
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*Alumnae Association*



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**Alumnae Office Hours:**  
**Tuesday & Thursday, 9:00am to 3:00pm**  
**Telephone: 617 726 - 3144**

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### **WHERE TO WRITE**

Contributions to Loan Funds and Requests for Loans to: Fund Chairperson,  
c/o Alumnae Office. Make checks payable to the specific fund.

When someone is ill: Alumnae Secretary, Ruth Sleeper Hall - 180, M G H,  
Boston, MA 02114.

Requests for Membership, Alumnae Dues, Changes of Address and General  
Information: Ms. Lee Drago, Alumnae Secretary, Ruth Sleeper Hall - 180,  
M G H, Boston, MA 02114.

Requests for Transcripts and references: By mail with a \$4.00 fee for each  
to: Student Affairs Office, IHP, Massachusetts General Hospital,  
101 Merrimac Street, Boston, MA 02114.

All general communications and material for insertion into the Alumnae  
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Carol Garant (1966)

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### Dates To Remember

HOMECOMING 1995:	SEPTEMBER 23
C.E.U. PROGRAM 1995:	SEPTEMBER 22

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# Welcome to the New Format of the *Alumnae Record*

This edition of the Alumnae Record is in a new format. The larger more magazine size will give more room for articles and information as well as allowing a larger type size that many have requested.

As editor, I hope that you like the new style and welcome your comments. I hope that as you see the additional space you will make use of it and send in your news and any other material that might be of interest to all of the members of the association. Remember send your information to the Alumnae Office:

MGH Nurses Alumnae Association  
Ruth Sleeper Hall - 180  
Massachusetts General Hospital  
Boston, MA 02114

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## *A Message from the President...*

The Massachusetts General Hospital's Nurses Alumnae Association, Inc. is at a very exciting and challenging point in time as we enter our second hundred years.

Our monthly Board of Directors meetings have been filled with lively discussion about many new ideas. One of our goals over the next two years is to revise our Bylaws and present them to the membership for ratification. Undergoing a major revision in the Bylaws raises many questions as to the direction and future growth of our organization. We ask for and welcome your thoughts, ideas and comments!

The Alumnae Office has seen a few changes since our last publication of the the Alumnae Record. Over the winter, Alma Robbins, Class of '35, submitted her resignation as part time secretary to the Alumnae Office. We miss her greatly and extend our thanks for her 37 years of service. The Board also wishes her and her husband the very best.

We gave upgraded our computer system so that our daily operations will flow more smoothly. Since September, we hired computer consultants, to develop a data base for our active and inactive alumnae members based upon the information we hope to receive from our "new and improved" membership application form. By now you should have received one in the winter addition of the Alumnae Record and one under a separate mailing if you had not renewed your membership. Our office staff have been diligently entering the names and addresses of all our active and inactive members. We encourage you to complete the membership form so that our organization knows what our graduates have been doing over the years. The Board would like to increase our membership, that is, to bring "MGH Grads" back into the Association. So many of us are doing so many exciting things in health care and we would like to see more speakers at the CEU and Homecoming presentations be from our own Association. So send us your CV's and a list of topics you might present. The Program Committee will review all the materials received.

The Board is beginning to explore ways to further strengthen our ties to the nursing graduates of the MGH Institute of Health Professions. encouraging newer graduates into the organization will ensure the NAA's continued existence and ability to help members further their education. The Board is looking at changing the look of our letterhead in order to incorporate the IHP. Our recently developed Bylaws Review Committee, will propose a revisions to be more inclusive of the nursing graduates from the IHP. We have

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met with Jean Leuner, RN, PhD, Acting Director for the Graduate School of Nursing, on a few occasions to see how the MGHNAA can become more visible to the faculty and student body. The Alumnae Association will be purchasing a bulletin board to be on display at the nursing school located at 101 Merrimac Street. We will plan for example, to post announcements about homecoming, historical pieces about the alumnae, achievements of some of our graduates and congratulatory announcements on nursing award and scholarship recipients.

The IHP held its Generalist completion Ceremony for the Second Year Students on Friday, April 28, 1995 at the Shriner's Burn Institute Auditorium. Fifty-five students were honored for completing the course requirements and becoming registered nurses. The alumnae Association presented each student with either a yellow corsage or boutonniere. This ceremony provided the opportunity for the Alumnae Association to honor two of our members who gave so much to the Association and to Nursing, Ruth Sleeper and Adele Corkum. The Ruth Sleeper Scholarship award was presented to Cindy Leiffer for her outstanding scholastic and theoretical work. the Adele Corkum Award was given to Ken Kavanaugh for the exemplification of the values and attributes that Ms. Corkum always demonstrated.

Lastly, the Board is trying to focus on marketing strategies to make our association more visible to the community at large. In your travels, if you see a nurse wearing an MGH or IHP nursing pin, or hear of someone graduating from MGH, ask him or her about joining the organization. Find out how we can better meet the needs of our graduates and share those ideas with the Board.

Opportunities abound in our association. Please contact Linda Lass-Schuhmacher who is on the Nominating Committee to become more involved. Continue to take an active roll in renewing your membership and volunteering your time to make our nursing alumnae association excel. On behalf of the Board, I wish you a wonderful summer and look forward to seeing you in september at Homecoming!!!

Elizabeth Ryder, RN, MSN  
President  
Class of 1987

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Samuel O. Thier, M.D.  
Speech to the MGH Nursing Alumnae  
September, 1994

Without a doubt, the most significant event for the MGH this past year -- perhaps one of the great milestones in the life of this institution -- has been its affiliation with Brigham and Women's Hospital. Many have wondered why these two largest Harvard teaching hospitals, indeed two of the fiercest competitors, have chosen to affiliate. The simple answer is that given the health care industry and the way the system is responding to the increase in managed care, we realized that to survive we must consolidate. Partners HealthCare System, Inc. is the framework in which these two distinguished institutions will continue to serve their varied constituencies in a future fraught with uncertainty. It is through Partners that the MGH and BWH will assume their places in a new system, in a new environment as they carry forth their traditional missions.

Massachusetts General Hospital is a proud institution of the highest quality, well known and well respected for delivering outstanding care. Its reputation rests on a foundation of more than a century and a half of caring for patients, generating knowledge and training the health care providers of tomorrow. People come to the MGH from all over the country and from around the world. It is vital that we preserve this recognition. So when we looked for a partner, we sought an institution that shared our values and commitment to excellence; we sought a partner that believed in the same things we believed in. Our partner had to be another very special institution. And Brigham and Women's Hospital is truly such a place. BWH has enormous synergies with the MGH. It is well run and financially sound, which is important because while most of the major teaching hospitals are in pretty good financial shape at the moment, the stresses on institutions come fast and hard. The changes in the resources available are going to be dramatic.

Life at the MGH had been changing, however, even before we began to talk with the Brigham. A continuously decreasing length of hospital stay meant fewer beds were needed, and the MGH has come down from 1,050 beds two years ago to just over 900 today. We will most likely continue to decrease until we reach about 650 to 700 beds. Brigham and Women's Hospital, is also decreasing its number of beds, from its current 800 to somewhere around 450 or 500. Together we can be a 1,100-bed facility with all of the excellence that we now enjoy, but we can do so only if we work to create an integrated health care delivery network. In addition, we are working to reduce the MGH's budget by about \$25 million a year for the next three years. That is in addition to our plan not to increase the budget -- a major change for the MGH, which during the 1980's went through a wonderful growth phase that lasted longer than that of its sister institutions.



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Partners HealthCare System, Inc. was officially born in March 1994. At that time, the people who had served as members of the corporation for the two institutions were merged into one group of incorporators, comprised of approximately 250 from the MGH and 150 from BWH. Our incorporators represent the public, and they are responsible for appointing the Partners Board of Trustees, which is comprised of 12 people and includes, not surprisingly, six trustees from the MGH and six from BWH. Dr. H. Richard Nesson, who is the CEO of Partners and president of Brigham and Women's Hospital, and I as president of Partners and CEO of the Massachusetts General Hospital Corporation, are members of the board. Dr. W. Gerald Austen, Chief of Surgery at the MGH, and Dr. Eugene Braunwald, Chief of the Department of Medicine at BWH, are also on the board. Partners includes the 1811 Corporation, which holds the General Hospital, Spaulding Rehabilitation Hospital, McLean Hospital and the Institute of Health Professions. The Brigham Medical Center, the parent company, holds Brigham and Women's Hospital. In essence, putting the two parent companies together, we have created a single corporation. But we have not transferred the assets. The MGH resources stay with us, and BWH's resources stay there. That was a big issue for the MGH, because the MGH has a much larger endowment and larger reserves than BWH, though proportionately BWH is certainly well positioned. The MGH and BWH both want to keep their identities, so the plan is to have two full-service institutions within a much broader, integrated health care network.

Partners' integrated health care network is being developed by acquiring mostly primary care practices. We have acquired a 10-person practice in Cape Ann, and we have acquired General Medical Associates, which is located in Weston, Brookline, and Boston. We are in active discussion with groups on the North Shore, and with others in the west and on the South Shore. We would like to form a relationship with perhaps one community hospital in each sector -- one in the north, one in the west, and one in the south. We do not wish to acquire hospitals because we do not wish to add beds that we may have to close, but we do want our network to include some very fine community hospitals so the primary care providers in those areas can work within our network and continue providing much of the care locally. When their patients need tertiary care, that's when they would come to the MGH or BWH. Ellen Zane, who was the head of Quincy Hospital, is Partner's network president. She is the one on the front lines, talking to physician groups and community hospitals throughout the region.

As we sign contracts with physician groups and facilities to become part of our network, the contracts are signed with Partners, and the ground rules are that once the contract is signed, the patients and their physicians have the option of going to either the MGH or BWH. So there is some friendly competition going on between the MGH and BWH. We have to come even with each other on costs, and then we will be competing on quality and attractiveness. Our two hospitals use different models of delivering care. BWH mostly has a full-time medical staff, while many of the MGH physicians are private practitioners. And we have agreed upon guidelines that deal with how we acquire prac-

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tices and how we will bring them into our network to benefit the entire system, not to benefit one or the other hospital.

The management of the two institutions has already begun to come together. We have combined our treasury functions, which made us such an attractive client for banks that we were able to cut our joint annual costs by \$1.5 million. In addition, we got some nice benefits for our employees, such as free checking. We have put together our investment portfolio, which between the two of us is approximately \$1.7 billion dollars, including pension funds. To manage a portfolio of that size is attractive for brokers, and they are willing to make major concessions in what they charge for those services, allowing us to save money. We have put together one investment group, and Joseph Trainor, who was treasurer at BWH, is managing the joint function now. We will also combine some areas of finance and some other administrative functions. For example, we put together a Partners human resources team to deal across the system with the human resources staff at each institution. another area we are looking into is community benefits. We know we have to do a much better job of coordinating, organizing and promoting the community benefits we provide. We want to take a leadership role in community benefits, so we have appointed someone to assume this responsibility for Partners. We will also coordinate legal counsel and marketing functions through Partners.

There are other wonderful activities that are happening spontaneously. For example, the MGH has opened its OB/GYN, enabling us to have a real focus on maternal and child health. The MGH began doing deliveries in early November. In opening an OB program, we did not wish to continue this head-to-head competition, so we have set up a single OB/GYN residency at the MGH and BWH in which residents rotate through both programs. In addition, we have tapped into BWH's expertise in OB/GYN anesthesia. A BWH person is setting up our OB/GYN anesthesia training, and we have hired two people from the Brigham to come to the MGH and do OB/GYN anesthesia as needed. That kind of cooperation is what we want to see and will be seeing more of the in coming months.

Another example is the lithotripter. The MGH has one; the Brigham does not, but had been planning to purchase one. the two hospitals decided that the MGH would credential urologists at the Brigham, enabling them to come over and use the lithotripter. As the staff of the two hospitals continue to talk, they are figuring out ways to do things together, how to collaborate effectively and increase efficiencies, improve quality and save costs. And down the road, this collaboration will extend to opportunities for clinical consolidation. In fact, we have developed principles that will guide any consolidating or coordinating of clinical services. We have also spent a lot of time discussing research. The MGH has a research base that is heavily basic science; the Brigham has a stronger clinical research program. Between us, we have research that is unmatched by any place in the world, and we are finding ways to better coordinate these two great programs.

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We are involved in discussions to determine whether we can do something cooperatively with third-party payors rather than continue in the adversarial relationships of the past. We do not want to get into the insurance business ourselves, but we do need to form good working relationships with insurers. The two hospitals together represent quite a negotiating force. Payors recognize that offering a policy that does not include access to either the MGH or the Brigham is not too attractive in this market. Payors understand that Partners has to be part of their offering, and we understand that we have to get our costs down -- perhaps not to the level of a nonresearch, nonacademic hospital, but certainly lower.

Life around the MGH will change dramatically in the next few years, and while people understand that rationally, they may not understand it emotionally. Still, there are signs of significant progress. About three or four years ago, a group of MGH practitioners recognized that the managed care movement was upon us and set out to find a way to understand and deal with this new force. The hospital then made this group its representative, and together they set out to develop a network. So the MGH group began putting together the resources to acquire practices. The MGH group also understood that all of the physicians of the MGH were going to have to operate in the same contracting group. Several months ago, the Board of Trustees voted into existence the Massachusetts General Physicians Organization, which puts essentially all of the physicians in a single organization, and the CEO of that organization is Dr. W. Gerald Austen. The MGPO has moved out of the hospital framework and sits parallel to the General Hospital in our corporate structure. The MGPO and the hospital are partners in contracting, and it is up to the MGPO to enforce performance and ensure that patients are satisfied. We cannot, for example, have people sent to us if they can't be seen for two weeks or if they have to sit and wait for three hours.

People at the MGH understand that the most pressing issues of the day cannot be attributed solely to the hospital, rather they are a result of the larger environment and a system that has grown too far out of shape. We have to fix these problems, and in the process, we have to improve our services. We have got to change the way we staff our hospital to provide care for people. We have to invite feedback from patients. We have to measure patient satisfaction to be sure we continue to improve. Gail Weissman, EdD, RN, Senior Vice President for Patient Care and Chief Nurse Executive, is leading an effort focused on efficient staffing and patient satisfaction.

All of our ongoing efforts -- those at the Partners level and those at the hospital -- are inextricably linked, and they must be if we are to succeed. Because in the end, the single most expensive, the most visible, and the place upon which we will be judged will be the care and service we at the MGH offer to our patients. The MGH must never be afraid of change. In fact, we should welcome the challenge to make the kind of change necessary to preserve the MGH's ability to serve patients and families who have long counted on this incredible New England resource.



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## Psychoarchitecture in Health Care Institutions

Elizabeth M. Bobby  
Student MGHIHP

*"I think that people are often discouraged from seeing a physician and getting care because of their fear of what is strange.*

*If a building can be warm and inviting, can tell you where you are and encourage you to get the care, then the architecture will have contributed to your health."*

John Kirklin, in *Architecture and medicine* (1992)

*"The cheerfulness of a room, the usefulness of light in treating disease is all-important."*

Florence Nightingale, in *Notes on nursing* (1859)

*"The design of a health care facility reflects on the quality of care. Sending a "we care" message cannot stop with the staff.*

*It must be designed into the facility itself."*

Janet Carpman, in *Design that cares* (1986)

Psychoarchitecture is a field that explores people's emotional responses to the architectural environment surrounding them. It combines aspects of psychology, sociology, environmental science, interior design, and architecture to shed light on how buildings, rooms, corridors, tunnels, windows, colors, and spaces make us feel. A relatively young field, it promises to grow dramatically in years to come.

### Psychoarchitecture in Health Care Institutions

Why is psychoarchitecture important to health care institutions? The significance of psychoarchitecture to health care institutions is readily realized when one considers that patients and visitors represent particularly vulnerable user groups. They are virtually powerless in what they frequently perceive as an intimidating environment. More often than not, they visit the health care facility under emotionally stressful and physically debilitating conditions. At this time in their lives, they need a supportive, non-stressful environment, and they have little capacity to deal with a confusing one (Carpman, 1986).

When patients and visitors enter a hospital, technical design considerations, such as making room for an MRI machine, are of remote concern to them. Of immediate concern is a comfortable place to sit, the accessibility of restrooms, or the ability to locate their intended destination easily. Good health care facility design must therefore balance technological needs and human needs. Designing with the human experience in mind



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recognizes that people's images of health care facilities are multidimensional and that being technically up to date may not be enough to satisfy patients and visitors (Carpman, 1986).

Although patients can rarely assess the quality of the clinical care they receive, they nevertheless make a judgment about it that is based on interactions with staff and an evaluation of the physical environment (Malkin, 1992). An attractive physical environment is also important for attracting and retaining staff. Such an environment can foster pride in the workplace and enhance self esteem, and these feelings can be reflected in interactions with patients and their families.

With intense competition for a market share that will sustain them, health care organizations are actively promoting themselves, and the patient is now the marketing target. As the health care industry grows and changes in response to economic and political forces, planners are shaping service delivery systems with something equally important in mind: the patient's desire for a caring experience. Research demonstrates that when consumers have a choice, they select facilities that provide service, comfort, and convenience (Bush-Brown, 1992).

So many hospitals today offer none of the above. Why? The reasons have to do primarily with regulatory and functional concerns, and fiscal constraints. Designing a health care facility is a complex process that must satisfy a multitude of competing criteria, not to mention numerous regulatory agencies. The design must satisfy the demands of medical technologies, which are constantly changing. Many facilities must also be flexible enough to handle a full range of activities, from primary care to life-threatening emergencies. Design also must satisfy the needs of staff and enhance their working efficiency.

Probably one of the greatest hurdles for hospital architects today is the pace of change in the health care industry. In the period of time between planning and construction, for instance, policies may change, populations may shift, competition might indicate a need for new services, or new alliances may be formed with other providers. Architectural plans may be in flux practically until the date of occupancy. Fiscal challenges inevitably continue to arise. Funds for discretionary items — "frills" like skylights, artwork, and landscaping — disappear. Ultimately, architects become so bogged down with the many layers of requirements that have to be met that they rarely have time or energy available to explore or advocate for those imprecise elements that define a therapeutic environment (Carpman, 1986).

### Studying the Psychological Impact of the Environment

Despite these design challenges, health care facilities that wish to be competitive in the future will need to forcefully refocus their priorities on creating the caring, healing environments that health care consumers are seeking. Evidence that a person's surroundings influence their sense of well-being continues to mount.

Maslow, one of the fathers of humanistic psychology, did one of the first experi-

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ments to demonstrate the effects of beautiful surroundings on an individual's perception (as cited in Malkin, 1992). He created a "beautiful" room, an "average" room, and an "ugly" room. The beautiful room had large windows, a soft armchair, and nice artwork. The average room was neat, but plain and undistinguished. The ugly room was cluttered, had torn window shades, and resembled a storage closet. Subjects were assigned to these rooms ostensibly to view photographs of people and decide whether their faces showed energy and well-being. Results showed a definite impact of environment on judgment. Those who worked in the beautiful room ascribed positive attributes to the faces, but those who worked in the ugly room saw sickness and fatigue in those same faces. Interestingly, those working in the ugly room tended to rush through their work and to complain of fatigue, headaches, and irritability.

In a well-publicized study of patients recovering from gallbladder surgery, Ulrich found that patients assigned to rooms with views of trees were able to be discharged earlier and required fewer painkilling medications than did patients assigned to rooms that faced a brick wall (as cited in Malkin, 1992). A later study by Ulrich involved testing people's perception of certain images. In testing images of nature scenes and urban scenes, Ulrich found that relaxation occurred much faster when people viewed nature scenes, according to measurements of muscle tension, galvanic skin response, systolic blood pressure, brain electrical activity, and stress hormones (as cited in Malkin, 1992). Other studies have shown that petting animals or watching fish in a fishtank can lower blood pressure and stimulate the release of endorphins (Malkin, 1992).

These studies have important implications for psychoarchitecture. So too do Selye's well-known and revolutionary studies from the 1930s of the harmful physiological effects of stress (Benson & Stuart, 1992). Selye's definition of stress refers to wear and tear on the body from its attempts to cope with environmental stressors. Sources of stress in the hospital are numerous and include: isolation from family and friends, lack of familiarity with the environment, medical jargon, fear of procedures, loss of control, lack of privacy, worries about job or finances, and inaccessibility of information. The potential of psychoarchitecture to reduce stress therefore has important health-related implications for both patients and hospitals.

### Applying Psychoarchitecture to Hospitals

Planners and designers can help reduce stress by taking into account the interaction between people and their environment. Carpman (1986) organizes the needs of patients and visitors into four critical categories: wayfinding, physical comfort, the regulation of social contact (privacy), and symbolic meaning.

#### Wayfinding

The ease with which people find their way around a hospital will affect their level of stress. Hospitals are often large, complex, and maze-like, particularly for patients and visitors who visit them infrequently. Not being able to find one's way between

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destinations can cause anyone to feel helpless and frustrated. For those who may already be anxious, sick, or sad, physical disorientation can be an emotionally upsetting experience.

A consistent and simple signage system is critical to making a hospital hospitable. Signs should avoid overly technical terms, because a signage system that is misunderstood may cause people to feel incompetent and alienated. Universally recognized symbols (e.g., for bathrooms and telephones) are useful in that they are familiar and make no language or literacy demands.

### Physical Comfort

How individuals experience an environment is affected by noise levels, temperature, odors, and lighting, as well as how successful those individuals are in manipulating their environment or comfortably positioning themselves within it (Carpman, 1986). Comfortable seating in lobby and waiting areas, for example, can mean the difference between a one-hour wait and a one-hour ordeal. Seating must accommodate a wide variety of people, including those who are elderly or weak and cannot easily get up from low seating and who cannot sit for long periods of time on backless chairs.

Noise is one of the most significantly detrimental environmental factors known to cause physiological changes in the body and affect healing. When noise interferes with hearing speech or immersion in creative activities, people can become irritable, and sometimes, disoriented. Soothing music, on the other hand, has been shown to lower levels of catecholamines, such as adrenaline, and to lower blood pressure and heart rate (Malkin, 1992). In one Wisconsin hospital, sounds of the surf, generated by an electronic device, are used successfully to calm agitated pediatric patients and to mask corridor traffic noise for intensive care unit patients (Malkin, 1992).

Lighting has also been shown to impact emotional state. Generally, bright, cool fluorescent lighting is considered institutional, while indirect, warm fluorescent or incandescent lighting is considered friendlier. Natural light, via windows or skylights, has been advocated by many in psychoarchitecture because it changes continually, cuing the passage of time and giving variety to the perception of objects and architecture (Malkin, 1992).

### Regulation of Social Contact

An essential need of patients and visitors is their ability to regulate the amount of interaction with others (Carpman, 1986). Family members dealing with a tragedy should have an undisturbed place to grieve. Patients and visitors needing distraction should be able to find appropriate ways to focus their attention. Armrests on chairs help give patients and visitors a sense of separation from others in a crowded area, while incandescent table lamps can be used to stimulate conversation by creating a feeling of warmth and coziness (Gulak, 1991). Furniture can also be arranged in groupings that permit



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comfortable conversation or individual privacy (Gulak, 1991). Telephones are an important source of contact with the outside world.

### Symbolic Meaning

Beyond affecting physical comfort, the environment also conveys meaning. What patients and visitors see, hear, and smell meld into an image of the health care institution. The physical environment that supports the psychological needs of patients and visitors will be considered a positive, caring environment, while physical arrangements that make the visitor or patient feel unimportant, or even forgotten, send a negative message (Carpman, 1986).

Waiting, an all too common activity in health care institutions, can be especially stressful for patients and their families, and a lack of information can aggravate the situation. To test the effect of providing information, a study was conducted in the admitting department of a major urban hospital. Those patients who were given increased information were more likely to believe that something had been done by the hospital to ease their wait than did the group that had not received such information (Carpman, 1986). Easily accessible educational materials aimed at the lay person provide a clear sign of a hospital's appreciation for patients' needs to know more about the medical situation facing them.

Lighting, finishes, artwork, and accessories that create a warm, intimate, noninstitutional image will have a positive impact on people's experience of the hospital environment. Flowers, plants, skylights, fountains, atriums, and landscaping may play an especially important role. According to Olds (1985), many people hold subconscious images of nature as a primal source of nourishment and rejuvenation (as cited in Malkin, 1992). When asked to draw pictures of healing spaces, most people draw pictures with the common elements of outdoor scenes, growing things, and nature as healer. Architect Bush-Brown (1992) acknowledges the importance of spaces that provide relief from a manmade environment when he writes "Open areas are as vital to the life of a health care facility as to the city."

### Psychoarchitecture: Looking Back and Looking Forward

Although the health care industry of today may view psychoarchitecture as a new challenge, it was over 100 years ago that nurse Florence Nightingale observed that an attractive environment could help people survive both physically and psychologically. In one of her most famous works, *Notes on Nursing* (1859), she specified characteristics that were necessary for a healthful environment, such as proper ventilation, sufficient warmth, adequate light, and noise control. She even provided instructions for designing wards to enhance recuperation.

Many believe that the new frontier of health care design will be the creation of



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"healing environments" (Malkin, 1992). It seems certain, as the health care industry competes for the "business" of health care consumers, that the inherent potential of the physical setting to complement and enhance the healing effects of drugs and medical technology will become more widely acknowledged. As more planners realize that good design is an ally to health care, people can hope for more positive, more caring, and more healing experiences as patients and visitors in health care facilities.

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## *News Notes . . .*

### Worcester County MGH Club

The Worcester County MGH Club had its spring meeting on May 2, 1995 at the Sterling Inn, Sterling Mass. The following members were present: Ruth Pedley Smith '44, Ann Mitchell '54, Martha Davison Peterson '32, Muriel Settle Pollock '42, Janet Mac Millan '62, Martha Shirley Almonte '74, Meg Tinney Harding '62, Madeline Hamel Hoslsch '44, Alleyne Albrecht Foley '48, and Annette Heinzle Desmarais '44.

In April 1995 our oldest member, Christine Moore Binnall '29, was honored by the Gardner Chapter of AARP for her 40 years of community service in the city.

One of our longtime members, Marie Rearick, died in December of 1994. We sent a contribution to the Ruth Sleeper Scholarship Fund in her memory.

To join or for more information contact:  
Annette Heinzle Desmarais  
92 Chapel Street  
Holden, MA 01520-1809

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### **Please note:**

The MGH NAA does not give out the membership mailing list. On occasion we have received requests to contact members, we have labeled and sent out the information that was sent to us ready for labels to be applied. The postage cost and the preparation of the information and envelopes has been done by the person requesting the material be sent. Any materials sent in this fashion do not necessarily reflect the views of the Board or the Association.

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If anyone owns a copy of the book "**Reminiscences**" by **Linda Richards** the NAA copy has been lost and we would love a donation to replace the lost copy so that our historical collection will remain complete.

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### Two RNs Inducted into Women's Hall of Fame

Of 25 women inducted into the National Women's Hall of Fame on September 24, 1994 two were nurses. The nurses honored were Linda Richards (1841 - 1930) and R. Louise McManus (1896 - 1993). Both were associated with the MGH School of Nursing. Linda Richards having been on the faculty of the Boston Training School for Nurses and Louise McManus was a 1920 graduate of the school.

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A questions was received regarding the "Alumnae Bed" that was available for free care in the 50's and 60's at the MGH. To the best of our knowledge that bed does not exist today. What is available for those alumnae with significant health issues that are experiencing financial need because of the lack of or decrease in health insurance coverage is the Bertella Thompkins Fund. The fund is designed to assist on a short term basis, to purchase needed medical equipment or supplies not covered by insurance. Those with need should contact the chair of the Fund, Mary Caira at the NAA Office.

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### *Pearls From The Past . . .*

Notes taken from the Grey Book, 1940 Edition listed some statistics for the graduates of the classes. The following list is those classes with graduates who became:

Doctors of Medicine:

1876, 1880, 1881, 1882, 1884 (2 members), 1885, 1886 (2 members), 1887, 1889, 1891(also listed one member as a Dentist), 1892 (Doctor of Osteopathy), 1895, 1902 (Doctor of Dental Surgery), and 1916 (2 members).

Social Workers:

1899, 1904 (2 members), 1905, 1906, 1912.

This list only went to the year 1916 -- it would be interesting to continue on and see how many of the MGHNAA members have continued on in other fields.

If you have any Pearls from the Past send them to the editor at the NAA Office.

MGH INSTITUTE OF HEALTH PROFESSIONS  
Graduate Program in Nursing  
Class of 1996

The Class of 1996 would like to welcome you to this evening's ceremony. This ceremony marks the completion of the generalist portion of the Graduate Program in Nursing.

Jackie Albrikes  
Amy Beaupre  
Kathleen Belmonte  
Tamara Bloch  
Genevra Buchanan  
Ann-Marie Clasby  
Jill Cohen  
Kathleen Crump  
Jacqueline Danis  
Christine DiGregorio  
Beth Dubois  
Margaret Edginton  
Janet Fetter  
Deborah Flint  
Gregory Foley  
Annette Fonteneau  
Bridget Franciose  
Stephanie Francis  
Jill Freeman  
Holly Fryberger  
Carol Gangitano  
Elisabeth Greenwald  
Sharlene Hammond  
Kathleen Harrington  
Elizabeth Hart  
Alex Hoyt  
Debra Hussey  
Damaris Javier

Caren Kachoris  
Ken Kavanagh  
Laurie Kelley  
Denise Landrigan  
Cindy Leiffer  
Loryn Lindquist  
Robert Marrero  
Lisa Miller  
K. Katen Moore  
Pamela Morris  
Mary Mott  
Meena Murthy  
Shannon Natale  
Deborah Nitkin  
Jean Pastorello  
Emiliana Perez  
Maria Puzo  
Neviana Raykov  
Elise Reveno  
Lois Rosenbloom  
Darcey Santos  
Margaret Satterfield  
Lisa Seeley  
Elizabeth Shallenberger  
Martina Todd  
Tonina Tomlinson  
Kimberly Webber  
Kari Weeder

GENERALIST COMPLETION CEREMONY  
April 28, 1995



*Welcome*

Cindy Leiffer  
Class Representative, 1996

*Opening Remarks*

Patrice Nicholas

*Speakers*

Maureen Groër  
Emily Chandler

*Class Presentation*

Jill Freeman  
Elizabeth Hart  
Laurie Kelley  
Cindy Leiffer  
Lisa Seeley  
Martina Todd  
Tonina Tomlinson

*Alumnae Association Greetings*

Elizabeth Ryder, President  
MGH School of Nursing Alumnae Association

*Presentation of Certificates and Name Pins*

Maureen Groër  
David Solomon  
Kathleen Solomon

*Closing Remarks*

Patrice Nicholas  
Cindy Leiffer



Katherine Young  
 Laurie Williams  
 Veronica White  
 Elizabeth Viehl  
 Carol Timmins  
 Jessica Thibodeau  
 Judith Sucliffe  
 Eric Steinberg  
 Nancy Jo Schaeffer  
 Christine Savarese  
 Juliet Salinardi  
 Jill Salamon  
 Alice Roberge  
 JoAnne Ricca  
 Julie Peterson  
 Paula Pellerin  
 Andrea Ozment  
 Linda Oz  
 Margaret Murray  
 Meredith Mosier  
 Donna Bourque Mohan  
 Teresa Mirabito  
 Anthony Memory  
 Patricia McLoughlin  
 Carolyn McDonald  
 Thomas Martin  
 Laure Liverman

Margot Kingston  
 Jennifer Kilkenny  
 Maria Kehoe  
 Paula Kalajian  
 Chrisa Hunnewell  
 Maureen Hughes  
 Pam Hodges-Eskew  
 Judy Hickey  
 Jen Hanlon-Wilde  
 Mary Griffin  
 Elyse Gray Goodman  
 Julie Geiser  
 Nancy Furlong  
 Cristyn Franson  
 Mary Elshamy  
 Laurie Dodge  
 Colleen Corcoran  
 Elizabeth Coleman  
 Karen Crowley Chinsberg  
 Maya Chauls  
 Margaret Carr  
 Curtis Carlson  
 Cheryl Burke  
 Jacqueline Broekhuysen  
 Nicolle Berger  
 Michael Berdan  
 Danielle Basta  
 Debbie Barnes

#### Post-MSN

Margaret Ackerman  
 Susan Cross-Skinner  
 Janet Crumlisk  
 Loretta Donald  
 Diane Fair  
 Michelle Fennell  
 Monica Flanagan  
 Nancy Giallombardo  
 Catherine Hogan  
 Paulette Kaminskas  
 Ellen Leary  
 Elyse Mandel

Sue Mattson  
 Janet Mayne  
 Sheila McCabe-Hassan  
 Rita McCarthy  
 Joan McHugh-Collins  
 Maureen McMullen  
 Laurie Miller  
 Estelle Passeri  
 Donna Richardson  
 Mary Ross  
 Judith Sullivan  
 Nancy Vetock  
 Joy Wong



#### *Procession of Nursing Faculty and Graduates*

Welcome by Dr. Barbara Willson, Assistant Professor

Guest Speaker: Emily Chandler, Assistant Professor

Alumnae Speaker: Elizabeth Ryder, President  
 MGH School of Nursing Alumni Association

Class Speakers: Paula Kalajian and Patricia McLoughlin



#### *Hoisting Ceremony for Graduates of Masters of Science in Nursing Program*

Dr. Maureen Groër, Interim President

Dr. Jean Leuner, Acting Nursing Program Director and

Dr. Carol Kammer, Coordinator of RN Programs



#### *Recognition of Graduates of Post-Masters Program of Advanced Study in Primary Care*

Dr. Carol Kammer



#### *Pinning Ceremony*



Musical Tribute by Curtis Carlson

Recession of Nursing Faculty and Graduates

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## *Class News . . .*

1933

Alice Yancey Conlon sent us the obit of Lois R. Gammon Fielding. She died February 10, 1995 at home of Hodgekin's Disease. Lois has worked as a staff nurse at MGH and then did private duty until her marriage.

1934

We received a note from Marion C Bates with an enclosed news clipping sent to her by Anne Curtis (the late Rickie Vanderschuer's sister). The clipping noted the death of Dorothy L. Keniston Champigny at the age of 84. She was a member of the September section of the class of '34 and worked for several years as an anesthetist in the Baker OR before marrying and returning to Concord, NH.

In a note from Eleanor Lee Ahern she gave us her new address. She is now in an adult Rest Home since October 8, 1994 which she says is a very wonderful place. Her address is 199 Main Street, Worcester, NY 12197.

We also received a note from Ruth Eaton. She was reminded of the day her mother and she went for an interview with Sally Johnson (Ms Johnson impressive and she, hopeful). She has had a varied career in nursing. She lost her husband of 36 years in 1991 and has two stepchildren in the mid-west who are very supportive.

1937

Agnes Reynolds  
108 Pawtuxet Rd  
Plymouth, MA 02360

I represent the class of 1937 September section and did send in a short note for the last issue that apparently never got to you. It stated that Muriel Simpson MacAffee, Elva Sawyer Proctor, and Agnes Lang Reynolds represented our class at Homecoming 1994. Also that the son of Constance Radford Ramsiere called to report her death at her home in Los Angeles California in September, 1994.

*Editors note: Sorry I never received the mail you sent earlier. Every once in a while the mail just does not get through. We print everything that is labeled for the Record.*

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1938

Grace Walsh Kelley  
1815 Baywood Ct  
Yuba City CA 95991-1203

Late March I received a telephone call from the daughter of a long time very close friend of mine. Her name is Bobbie Burnham Frederick, RN who has been living in the Chicago area for a number of years. She has become a close friend to a near by neighbor of hers. Her name is Edith Webster Machonis, who is also an RN. They began discussing nursing schools. Edith mentioned that her mother went to Simmons College and the Massachusetts General Hospital. Bobbie remembered that I also had graduated from the same program. She called her mother to establish how old I was. That established that possibly I could have been in the same class as Edith's mother. Bobbie called me and asked if I had a "Clara" in my class. I answered "Clara Shippee". That was Edith's mother! All this excitement has brought great joy to the Webster family of five girls and two boys. Edith is very anxious to hear of any anecdotes that her class mates may remember of her mother. Clara and I were the same height except that her height was in her legs and mine was in my body. Standing we were the same but sitting I was taller. We both wore our hair in a similar style and both had rimless glasses making for more confusion. Clara and I had many assignments either the same or closely assigned. Some of the supervisors would get us confused. Fortunately, we both got good marks.

Edith has written me an eight page hand written letter telling me of Clara's family and that Clara had been a stay home mother for a number of years but did go back to nursing and earned her Nurse Practitioner license. Clara died of cancer at age 66. She had taken all the available treatments but to no avail. Her husband also died of cancer shortly after Clara but did not take treatment after seeing the difficulty Clara had. It sounded like Clara had a wonderful close family.

Mrs. Edith Webster Machonis lives at 18 Dartford Lane, Schaumburg, IL 60194. I am sure she would welcome any correspondence and I also will be willing to forward any information that is sent to me.

We received a note from Ruth Farrisey regarding the omission of the obit for Eileen Wolseley in the last edition of the Record. The reason that it was not in that edition was that it had already been published in the Spring/Summer 1994 edition. Obits are published as soon as they are received in the office.

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September 1939

Winona Behr Smith  
7 Henderson Road  
Lexington, MA 02173  
617 862 2740  
508 394 4741 Cape (Summer)

Seems as if our classmates have frequented the sick list more than usual. We're fortunate to have good medical care available.

Mary Gay Aubry fell in her own home - had a badly fractured hip. Luckily, a neighbor discovered her on the floor and called the ambulance. Mary is making a steady recovery - with the help of PT. Barbara Yutronich Noonan had a cholecystectomy at MGH and is doing well at home. Barbara's son Thom and wife Linda are living at Barbara's home in Danvers, MA. Eunice White Doty and husband Harry have moved from Arlington, VA to Corey, NC - one of their children lives near by. Eunie had a mild stroke, is having speech therapy and is improving. Eunie sent me some great pictures she took at the September '94 Luncheon Reunion.

Medicine has surely changed! I had cataract surgery recently - Mass Eye and Ear Facility on Staniford Street, Boston. Went in at 8:00 AM, surgery at 9:00 AM, and home before noon. Remember the days of a sandbag on each side of the head, eyes bandaged, and two weeks in the hospital!

I talked with Kay Tracey Taylor, lives in Skohegan, Maine, goes to Florida in the early spring - and is busy visiting relatives and friends in other areas of the country. Kay saw Claire Moran Hayes who lives in Florida. Claire's husband is in a nursing home and has Alzheimer's Disease.

At last, I'm going to Alaska! Julie Boghosian, her sister Esther, a friend of Julie's and I are taking a cruise leaving from Vancouver - travel the inner passage. The ship makes several stops along the way. Latter part of the trip we board a dome train to Denali and then fly home from Anchorage.

Had Christmas cards from Phyl Brissette Heslin, Dottie Wilbur McLean and Gracie Babcock Gatcombe. Talk with Phyl Wilbur Hansen frequently. Phyl, Fran McDonnell Sciore found a student picture of you on the Bulfinch steps which she forward to you - she hopes the address is correct. Had a great picture and card from Rosemary McCann McIsaacs, Auting, TX. You haven't changed a bit.

We need news. Keep in touch - even a postcard! If you visit the Cape in the summer,



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call me and we can visit!

Don't forget - Alumnae Dues were due January 1, 1995.

September 1940

Eleanor Belcher Call  
10550 S. W. 84 Lot 141  
Fort Lauderdale, FL 33324

We had many interesting notes at Christmas. Many of you are keeping busy traveling and caring for family. Virginia Griswold Guthrie spent Thanksgiving at her son Mike's vacation home in Seaside, FL. She and Jack are doing well. Eleanor Palmer Gleiser and Chuck are still traveling. They went to Michigan last summer, and they spent the winter in California. A nice note from Molly Spinney Lowe. Molly did a lot of cooking and entertaining at Christmas. She hears from Virginia Bell Eckhard. Ginny keeps busy. Betty Pritchard Dunbar had a great trip to Greece and Istanbul last summer. In August she had a complete hysterectomy. she was on chemotherapy several months. They expected a full recovery. We hope Betty will continue to get well. She expected to take a cruise to the Far East in February. I talk to Midge Andruskiw frequently. Midge spends the winter in New Smyrna Beach, FL. I plan to visit her in May. Edith Curtis Masters is still in Maine and doing well. Esther Snyder Stocklin had a trip to Greece and some of the Greek Islands last April.

Had cards from: Eleanor Smith Cady, Madaline Brown Burt, Irene Tirellis Reilly, Judy Binns Cady, Jean French Richardson, Alma Meriam Burrill, and a note from Helen Walsh Duquette ('41).

In February, I received a note from Dick Wahl, that Mary Galbraith Wahl had a heart attack and died on February 4, 1995. In November, May had a quadruple bypass and did not do well. I was sorry to hear about Mary. I called her occasionally and will miss talking to her.

1942

In a letter from Barbara W Warren:

Although I am no longer employed in nursing, I am working in a local hospital (St Joseph Hospital, Kirkwood, Missouri) as a volunteer in the Foundation Office.

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Because of limitations from arthritis and fibromyocitis, I do not work in the patient areas. For the first time in my life, I am doing clerical work - typing (with two fingers), but have managed to increase my rapidity to being able to turn out a respectable volume of work. I've learned to operate a copying machine - even to clearing paper jams. Now I'm learning to access a computer and using both Word Perfect and Lotus programs. I love it!

I live in a retirement apartment complex and am finishing a year of being "entertainment coordinator" - a volunteer resident position.

I am very fortunate that two of my three children live nearby with three grandsons. I am frequently asked to stay with the boys aged 6, 11, and 16. In other words, I feel that the secret to a happy senior life is to keep busy!

I made the trip for the 50th reunion and hope to see MGH for the 55th.

September 1944

From Dorothy McCullough Black:

The night before the last homecoming, a group of us from the class of 1944 got together for a WONDERFUL visit! We did so much reminiscing with lots of laughs -- especially when Lee Maniero demonstrated how we all had changed when she held her "proby" uniform up in front of her. We made a pact to try to get back to as many future homecomings as possible; so we will keep in touch.

Betty Whitney Gray did the organizing and even arranged for limos to take us to Boston for the homecoming the next morning. It was wonderful and, I believe, fully appreciated by all who attended.

Those who were there from the September section were: Pat Batchelder, Rita Collins, Mary Conroy, Martha Addison, Lee Maniero, Marion Mazzolini, Dot Black, Dot Quinn, Lee Raiman, Marion Sullivan, Anne Thibideau, Barb Thorburn, Barb Wagew, Pat Welch, Marie Rearick, Rita Doyle, and Betty Whitney. Of course, there were several from the February section, but, I'm sure, they will have their own report.

One note of sadness was when we remembered those who had gone on before us.

We all had a wonderful visit and are looking forward to our 75th with many in between.

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September 1949

Jackie Auger Brown  
P. O. Box 360  
265 West Rd  
Rye, NH 03870-0360

Following our 45th reunion at Homecoming a picture of those attending was sent to our classmates who were unable to attend.

In response, letters of thanks were received from Margie Westcott Landrum, Laura Joan Flanagan Goad, and Lyn Poulter Ratcliff.

Margie wrote that Bob is contemplating retirement - will sell their home - not sure where to locate but it will be in the south near children and grandchildren. In her letter, Joan reminisced about our days at MGH and despite 2 family moves across the country she managed to stay employed in nursing. Lyn also expressed regret at not being able to be at two places at the same time in September, 1994 - had a wedding to attend. Picture brought back many memories.

Also received was a letter from John Ballentine, the husband of Patty Morse Ballentine, who went to be with the Lord on December 1st, 1994. She died of a stroke. This information was shared with all our classmates.

Christmas greetings were received from many with the following updates:

Irene Weisslinger Swan has a new grandson. A ski trip with family was planned in Vermont for February.

Trudy Walsh Hynes and Warren plan to be in Maine again in August.

Barbara Stevens Wright was recovering from cataract surgery. Oh dear, do we have that to look forward to?

Note change of Janice Miller Mards' address: 2251 Van Gogh Drive, Green Valley, Nevada 89014.

A special thanks to Ruth Stonach Henshaw, Pat Malloy Kenniff, Ruth Tillson Lowell, Dot Johnson McCann, Mary Libbey Morris who share the responsibilities of being class representative.

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February 1949

Letter from Podee Jacobs Hopkins

Since we haven't had any news for a long time, thought I'd give a small update on everyone. Ten of us had a wonderful 45th reunion last fall. Several of us toured the new and the old MGH. I think visiting the old narrow corridors and familiar stairs and looking at old pictures in Bulfinch was a highlight. Secondly was the newly moved but remarkably same chapel.

Bea Comstock Paquin, Box 642, Caribou, Maine 04736-0642: retired, library volunteer and employee, 11 grandchildren, 5 great.

Peggy Conners Bernier, 13 Lovewell St, Gardner, MA 01440: retired, both well and has two grandchildren.

Dot Curtis Falherty, 8 Whittier Rd, Natick, MA 02155: retired, recent trip through West with husband, Pat, sadly lost daughter Sheila age 38 to cancer in April, 1994, she was the focus of the family and fought the disease for 12 years. Now April '95 we've just heard of Pat's untimely death to cancer in February. He was diagnosed in November. There are no answers only sympathy for Dot and her family. One grandchild, Sheila's son.

Nancy DiMattia Sanella, 24 Billings Ave, Medford, MA 02155: still working part time at Tufts Clinic, does crafts, traveling and babysitting, 8 grandchildren.

Lois Frothingham Feeney, 345 Lytle Dr, Palatine, IL 60067: retired, golfs, bowls, RN daughter and 4 grandchildren.

Shirley Gordon Keller, 105 Kings Row Dr, S. Dennis, MA 02660: retired, house and garden projects, enjoys theatre, visited Holy Land in March, wonderful inspiring trip, 5 grandchildren, 1 great due in June.

Betty Grant Bridges, 2720 SE 59th Ave, Protland, OR 97206: retired, volunteer church worker, career nurse daughter.

Kay Hrycay Howard, 34 Reedstone Ave, Chicopee, MA 01020: retired after 40 years of staff and private duty, keeps busy with family, nurse daughter, 9 grandchildren.

Dot Iwaniki, 132 Reynolds Dr, Meriden, CT 06450: retired Hartford Hospital 1993, travels, gardens, 6 nieces and nephews, 3 grands.

Podee Jacobs Hopkins, 46 Lakewood Terr, Haverhill, MA 01830: work part time, church



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worker, MSPCA volunteer, travel Italy October '94, nurse daughter, 4 grandchildren.

Kaye Kennedy Kelly, 2946 SE Glasgow Dr, Stuart, FL 34997: slowly recovering from a stroke suffered in Massachusetts while planning to attend our 45th reunion. At Christmas her left leg was giving her the hardest time. She raves about her wonderful nurse, husband, Bob. We all wish you total recovery this year.

Mary Morris Gregory, no address: serious problem with her aorta this past winter.

Barbie Richardson McCann, 7025 Hilgreen Dr, Dallas, TX 75214: retired, summers in Maine, had pneumonia in December and has continuing trouble with her back, but keeps traveling and walking. Has her daughter teacher nearby, 3 grandchildren.

Barbara Roser Manoni, 73 Rebeth Lane, Wethersfield, CT 01609: retired active in Nurses Association, bridge, gardening, travel, finished 10 year project, a victorian doll house! nurse daughter, 12 grandchildren.

Clara Skowrya Sellon, 15 Minchin Drive, woburn, MA 01801: retired, 41 years at Mass Eye and Ear, travels all over U.S. helping and nursing family members, ardent church worker, our faithful class reporter, 12 grandchildren.

Emily Swierad Nicoll, 2 Little Marsh Lane, Harwich, MA 02645: substitute school nurse, loves the cape - winters in Florida, Naples this year - 3 grandchildren.

Jane Woodbury Seeling, P. O. Box 57, Sargent, Nebraska 68874: retired long ago, is a busy Pastor's wife, this winter their church decided to disband but Jane and Fred are carrying on the ministry in community center and hospital, several grands, twin granddaughters October '94.

Kit Weare Porter, 1021 N Pate St, Carlsbad, NM 88220: Korean War Vet, part time supervisor retired anesthetist, volunteers at soup kitchen, church choir. She and Gene spend lots of time fighting erosion and mending fences on Gene's parents farm, a rugged spare time activity.

Almost grad Madeline Smith Luce, 1804 Tweed Ct, Leesburg, FL 34788: works 3 days VNA. Al has precarious health but does the house husband chores.

Although I can't write everything, we all spend as much time as possible with our grandchildren and great grandchildren which number around 100. We play, care for, travel, anything we can for them.

Hope to hear something soon from: Silvia Anderson Bridges, Jean Chiron, Jo Cislo

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Boyer, Phyllis Hayden McClain, and Selm Hermann Precup. Do write someone.

See you all at the 50th in 1999.

1951

Gretchen Gearhart Claman  
9279 E Nassau  
Denver, CO 80237

Some of these notes go back to 1992 - sorry about that!

Joan Vaillant Parent reports that "not much has changed - I'm still working and will continue as long as possible." Husband Gener had a mild stroke in January '94 and is doing well. They have welcomed another grandchild. Son Bob is producing videos. Son Eugene Mark interned at Yale New Haven Hospital.

Nat Quirk Meaney lost three family members in the past two years, including husband Frank. Nat and Frank went to Meredith NH for a vacation in July and Frank was suddenly taken ill and died of what appeared to be an asthma attack but was really a coronary attack. They have five children and three grandchildren. Son John was married on the 4th of July in France, near Paris, and Nat and Frank were there during the 50th Anniversary of D-Day. Daughter Megan is a nursing student at Villanova. last spring she was at Bryn Mawr Hospital for Obstetrics. Nat recalls BLI in summer - "the dormitory was warmer than the South Sea Islands - the delivery room was so hot they had the windows open and we could hear the roar of the crowd at Fenway Park."

Joan McCarthy Peterson also had a series of sad losses in her family. "My youngest sister, Jane of a grade 4 astrocytoma diagnosed at MGH, terminal and inoperable. My sister Ann, a Beverly Hospital graduate and director of nurses, lost her husband Neal of a coronary on the golf course. Our daughter Andrea, still recovering from her accident in California, lost her father-in-law of a heart attack. My brother Jack lost his brother-in-law Paul to bone cancer at age 47. My daughter Paula had major surgery in May and I practiced my nursing since they send them home too soon these days. I was with her in NH and took her to Maine to recover. So with Peter qualifying for medicare I felt young until I realized that all four of the ones who died were younger than I! So 1995 has to be a better year."

Gloria Gilson Kolb wrote in October '93 a long newsy letter reporting that she and husband Jim sold their oil and gas business and were looking forward to every minute of

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semi-retirement. Her mother is 91 and lives in Tyler TX and enjoys reading the Alumnae Record as she is a Simmons college/MGH retired nurse herself. She and Jim have three children and eight grandchildren and all blonde but one. Gloria tells that one of the grandsons, age 3 at the time of writing, was diagnosed with diabetes at 13 months, the youngest in Tyler and only one of 13 that young in Texas. "They do a wonderful job of daily monitoring with six finger pricks a day - he is so good about it. I pray the research for diabetes continues with further progress to the good." It's amazing to hear that story, Gloria - not much like the diabetes care we practiced way back when.

Olga Sadotti Aasen writes from San Francisco, "My husband and I are still working by choice. I'm at El Camio Hospital around the corner from our home, in the Emergency Room and I love it. I'm the oldest RN in the department and still have lots of energy. Our newest cardiologist is Dr St Goar. I asked him one day if his father was a doctor and sure enough he's the son of Walter St Goar and Ann Godley, both residents when we were at MGH. He's very tall, very thin, and very handsome." Olga goes on to say she is chief fund-raiser for the local emergency nurses' association, as well as rummage sales at her church and her daughter's high school, each netting about \$25,000. Also she is going to volunteer at the local Catholic convalescent home. In her spare time she and Don enjoy baby-sitting with her first grandchild. Olga, how in the world did you find time to write this long, newsy letter?

Ellen Bowen Bellissimo writes from Madison WI that 1994 was a good year for her family. She is battling arthritis and weight problems but finds time and energy to tutor a 6th grade girl from a dysfunctional family, and to cook and serve a meal at church on a regular basis. Husband Joe will return to Boston College for his 50th reunion in May - they hope to work in an Elderhostel as well. Joe copes with health problems one day at a time and especially finds playing the piano an enriching pastime. They'll go to Florida in February to visit relatives and escape some of the midwest winter.

Alice Forstall Dana wrote from Huntington CT about her grand daughter Margaret Alice born in 1992. Before her first year was out, she - Maggie - had been to a Harlem Globetrotters game, several basketball, football and baseball games and many practices. She is already a sports nut but had only been skiing once. Grandma Alice retired from her home care planner job and then began volunteering part time in the outreach department of the hospital with the medically underserved in Bridgeport and notes what sad lives many people lead. She and Frank enjoy travel as one of the rewards of retirement. Last year they went on a wonderful trip to the Scandinavian countries, St Petersburg, Amsterdam and many ports along the way. Two little grand daughters entertain them at home.

Shirlye Macek Ellefsen wrote from Aniwa WI that she and Hans no longer own any cattle but a neighbor rents their barn and crop land so Hans can putter around in the barn



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while Shirley enjoys quilting, sewing and their grandchildren, Jacob, 5, and Sarah, 4. They have also enjoyed traveling to visit their daughter Kris, completing her PT training at the University of Minnesota Hospitals. When Kris had an internship at the Mayo Satellite Center in Scottsdale AZ they flew down to see her and have a look at the south-west desert - found it attractive in its own way but won't lure them away from Wisconsin's green beauty. Shirley has been corresponding with Jo Strauss Billung-Meyer in Seattle and reports that Jo and her husband have both retired and enjoy travel.

Eleanor Lynch, who has resumed her maiden name, has been very good about sending me newspaper clippings and hospital publications about the shifting relationships among Boston hospitals. Change is always unsettling and I know we all feel that "our" MGH cannot possibly be as good as it was when we were there. Oh, ye of little faith! Eleanor has a son, John in law school, He and his Scottish wife recently had their first baby, Mhairi Christine - her name is the Gaelic form of Mary. Daughter Katherine, also a nurse like mom, is in the army and training to be a nurse practitioner. Another daughter, Mary, just returned from Haiti - she is aide to a general in military intelligence. Two other daughters live in New York City and Salem. Son Mark lives in Iowa with wife and two children, and he is in the FBI so he doesn't live a dull life either. Sounds as if their family reunions must be pretty lively.

Dot Burke Jeschke and Eric welcomed first grandchild, Scott in 1992 and love trips to Toronto to monitor his development. Dot says "he has a happy personality - should I credit the Burke genes for that?" She and Eric enjoy retirement on their Saskatchewan wheat farm.

Nancy Anderson Whytehead in Winnipeg wrote that she'll not retire this year and has young colleagues at work who fill her days with laughter and love, and who are quite intrigued at the thought of working with the oldest nurse in the western world!

And on that cheery note, I'll close. Best wishes to you all.

1954

In a note from Ruth Albert:

It has been a most pleasant experience hearing from some of you and you have been most helpful in supplying needed addresses.

Florence Kabialka Joachim wrote and sent along three address... Barbara Ogivie Mosher, 67 Fallbrook Rd, Portland, ME 04108, Yvonne Schnell McCarthy, 1620 Redining Dr, Sunnyvale, CA 94807, and Marcia Muir Good, 3229 W Hidden Lake Drive, Jacksonville,



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FL 32216.

Florence's news was that her husband has been retired 6 years and he has grown 3 - 4,000 trees in their 9 acre pasture. He has begun to sell some for Christmas trees. He has a huge garden and lawn that keeps him busy in summer. He golfs in good weather, bowls and plays bridge in winter. Florence quit work about ten years ago. she has been doing low key clowning for the past 3 years at nursing homes, hi rises for senior, etc. In January, they go to Daytona Beach Shores, Fl to enjoy the warm weather.

Marie Di Mathia Giglio sent an interesting note and an address. Carol Wortman Pizzano, 75 Perkins St, Stoneham, MA 02180. Both Marie and her husband John are working full time. John manages a computer installation for a major drug distributor in Malden and Marie is the day supervisor at New England Rehab Hospital in Woburn. She enjoys her work. since last November, she has spent Wednesdays on a Federal Grand Jury - Drug Task Force. She writes that the experience is exciting, rewarding, and informative, It is a commitment of 18 months and possibly longer. Her three boys are married, in thier early to middle thirties and she has 7 grand children ranging from 11 months to 7 years. Steve, their oldest, lives in West Chester, PA., Mark in Georgetown, MA, and Jack in Bedford, NH.

It is hoped that all of you enjoy a healthy happy year. My sincerest thanks and appreciation to those of you who have written and called. Please keep in touch.

September 1959

Patricia Friss Newnham  
251 W Park Ave  
State College, PA 16803

September 24, 1994 - a walk down "Memory Lane"! Despite the rainy weather, it was a wonderful 35th Reunion Day. Seventeen of our class attended the Homecoming Program and lunch at Howard Johnson's '57. In the afternoon we went on tours of MGH. What surprises! The only buildings some of us recognized were White and Bulfinch! The evening dinner at the Holiday Inn - Blossom St was delicious. About 30 attended. It was so great to see old friends and catch up on NEWS!

Lorraine Roy Cournoter from San Jose, CA cut short a Hawaiian vacation to be with us. For 20 years she has been doing telephone triage in OB/GYN for Kaiser Permanente and plans to retire in November 1995. She has 2 daughters, Michele, who is Mental Health Director for Juvenile Hall in Bakersfield, CA, and Lisa, an attorney in insurance defense

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and the mother of a one year old daughter.

Barbie Buckman Ringkjob from Boulder, CO works in Home Health Care, quality assurance, and consultant with assistant living and adult day care facilities. Her daughter Inger lives in OK with her husband and baby, Marissa. Her sons, Truls and Erling live in Denver. Erik and Barbie would welcome any classmates in Boulder.

Lorraine Turner Cullen works in long-term care at Hebrew Rehab Center in Roslindale. One of her daughters teaches in CA. The other 3 children are in the Boston area. Two children are married. she has one grandson and another expected in November.

Jane Adams Watts works as PNP for Baltimore county Health Department. Her two married sons and 6 month old grandson live in Baltimore. Her daughter just graduated from Boston college with a law degree. Barbie Ringkjob is her godmother. Jane's husband Dick is 4 years post-op radical neck and doing well.

Ann Halstead Roth is working as Executive Director of a Subacute, Rehab and Long-term Care Facility in Lowell, MA. She has 2 daughters and one grandson, Jake, who is the love of her life!

Betty Ultsch Beyer lives in Nacogdoches, TX near her daughter Leslie and family. She works in a Community Health Center and still goes to Day Surgery one morning a week to start IV's. She has two grandsons, Nathaniel and Luke. She has twin sons, 28, one in FL and one in NY, both married. Betty traveled to Europe two years ago and looks forward to more trips.

Ginny Bates Williams and Sandy Shattuck Basmajian work at MGH in OR.

Sharon Walls Billingham works with Diane (Deet-C) Bailey Ecklund at the Catholic Medical Center in Manchester, NH. We were sorry to hear that Diane's husband has been ill.

We heard news of others: Claudette Lajoie is teaching English, Ester Crossman Wright lives in Yarmouth, ME, Maureen Cleary runs a Bed and Breakfast on Cape Cod, Joan Cardarelli Dempsey in Daytona, FL is recovering from a brain tumor, Ella Ladd Hosglton still lives in LA - she has a new interest - showing dogs.

Dee Mougin, we seem to have lost you! What is your current address? We hear that you have two sons, one in med school and one in law school, and two daughters, one married and teaching and one in the LA area in communications.

Ellie Treinas Prevoski has two girls, one a nurse is married and the other, a pharmacist,

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recently became engaged.

Betty Stewart Conner is still in Baltimore. she has two married sons and enjoys her three grand daughters.

Sandy Barasso Cooper attended from Stuart, FL. Mary Furber Raymond's husband Al has been quite ill, but hopefully is on the mend. We were saddened to learn of the deaths of our classmates: Mary DuBois Gallagher, Di Floyd Baker, and Alice McGraith Turiello. We send our sympathies to widowed classmates: Kathy Glenndenning Jones, Tina Davis Chaleki, Janet Trask Galeener, Mary Diguette Veilleux, and Emmy Zahka Brown.

We thank all those involved in planning our reunion and all who attended from near and far. Our 40th is not that far away!

Addendum: in a letter from Margo Johnson Taylor she is married to Reuben Taylor and they have two children, Scott and Lisa and two grand children, Tiana and Scott 2nd. Margo received two awards this year in April: the Mary E Mahoney Award and the Charles E Fletcher Civic Service Award. One recognition from her hometown and the other from nursing peers and colleagues. Congratulations Margo on both.

Betty Linden Concannon  
35 Glenridge Drive  
Bedford, MA 01730  
617 275 0392  
617 275 5179

What a wonderful surprise came in the mail in February -- a letter from Tina Davis Chaleki whom we had listed as among the missing in the summer news edition:

"One of the lost is found! I am presently living and working in New York city -- have been here for a little over three years. How I came to be here is an interesting story -- so back to the beginning. Bob died during hurricane Gloria in 1985 - he had a massive heart attack. He died six weeks after our 28th wedding anniversary. Needless to say, I lost not only my husband, but my best friend. We had a very good marriage and produced three great kids -- Christopher who is 35 is married, no children, is in business with four other young men -- they develop new products mostly in the computer/video field. Thomas is 33, is an architect, is married, works for the government. He lives in D.C. and is also a captain in the Air Force Reserve, no kids. Ann, who is 29 lives in R.I. and has given me an adorable grand daughter, Casey, who is 15 months old.

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I have worked fairly steadily since graduation and have explored many areas in nursing. After Bob died, I had to learn to be single, so after 2 years I had a chance to go to Arizona and care for an elderly lady I had known in Newport, RI. After she died, I decided to try being a travel nurse which I did for 4 years. I had some wonderful experiences, met some very nice people, and was able to work in some of the "Meccas" -- also, I learned to be independent.

Thus I have ended in NYC at the Mecca for oncology -- Memorial Sloan Kettering Cancer Center. I have worked pretty much in medical oncology for the last 15 years. As a traveler, I worked in hematology/oncology except when I spent the summer on Martha's Vineyard. Presently I work on a 42 bed unit that has newly diagnosed and end stage leukemia patients and my group which are stage 4 breast patients undergoing hi dose chemo with peripheral stem cell rescue and end stage breast. I am the nurse clinician for the group. It is an interesting and challenging job and I like it. I also attend NYU part time working toward a masters with a specialty in care of the acutely ill adult and leading to preparation to take the Nurse Practitioner exam.

I have slowly evolved into palliative/hospice care -- much of my present job is caring for the terminally ill. I like helping patients and families through the final stage of life -- most of them need all the help they can get.

Sorry that I missed September, but I heard about it too late to change a commitment that I had for that weekend. I guess that I have kind of rambled but trying to hit the highlights of all the past years lends itself to rambling.

I would love to hear from people and promise to stay in touch. If in NYC, get in touch. I would also like to see people. I still get up to Auburn, MA to see my mom and Mendon, MA to see Bob's folks. I guess I had better close. Be Good!"

Tina's address 1233 York Ave #6A, New York, NY 10021, phone 212 772 1618

I hope we'll have a letter or two to print in each issue. It's a wonderful opportunity to rekindle those close ties we all shared.

Bill and I have just heard that our son Dan and Cathy and Michael, who live in Grand Junction, CO will be visiting with us for two weeks in July/August. We haven't seen them since Michael was a newborn 2 years ago so needless to say we're excited beyond belief! I'm sure Michael will love meeting all his cousins.



---

February 1959

Mary Flannery Caira  
19 Fuller Terrace  
West Newton, MA 02165

Alice Wright Burd, 22 Cherry Tree Lane, Shrewsbury, PA 17361: Alice spent 2 wonderful weeks in England, Wales, and Scotland last Fall. Miles is considering retirement in about 3 years. Her Dad is enjoying life and travel with his wife.

Gail Kent Clemmer Cominskey, 15 Pine Road "Keen-wik", Selbyville, DE 19975 - school vacations and weekends: 607 Worington Drive, Chester, PA 19382 - Monday through Friday during the school year: Gail and George are living in her condominium. but expect to move into their newly built home this spring. Their Christmas card was a lovely picture of both families at their wedding. Ellen has another son, Gerald, born in October. Alex is now 2 years old.

Gene Shaffer Corcoran, 6900 Fitzpatrick Drive, Laurel, MD 20810: Gene left her job at the racetrack, and is now working for the Health Center at the University of Maryland in College Park. She is enjoying a regular schedule, 8:30 - 5:00 Monday through Friday. She continues to do some work with International Students. Susan is a Property Manager with a large company in Washington, DC. Dan works for FAO Schwartz. JS is enjoying life with his family in North Carolina, where he works for Northern Telecom. Gene had dinner with Mary Roy recently.

Nancy Bassett Campbell, 218 Harvard Drive, Torrington, CT 06790: Belinda and Geno are settled into their home. Belinda is still looking for the right job. Andy and Kathy are expecting to be parents this summer. Andy teaches and coaches soccer and track. Carrie and Ellen continue to audition in NYC, while doing temp work. The hospital where Nancy works is in the midst of layoffs, and her unit could close. Nancy spent some time in California and the Bahamas. Her mom continues to be fairly well and independent.

Marilyn Thayer Cote, Rural Route 2, Box 725, Purcellville, VA 22132: Note new address.

Roslyn Ruggiero Elms, One Ashburton Pl, 14th floor, Boston, MA 02108: Roz is Vice Chancellor with the Higher Education Coordinating Council for the Commonwealth of Massachusetts.

Elaine Finley Flanagan, 190 Barley Neck Road, Orleans, MA 02653: Elaine travels to Colorado 5 or 6 times a year to visit with John and Stephanie, and their children Jamie, Conor, and Allegra. She is in Boston almost weekly, and is delighted to have Roz back in

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this area. She started a garden study group in Orleans, and this adds pleasure to her love of gardening.

Roberta Fitzgerald, 1107 Fifth Ave, Apt 4 SE, New York, NY 10128: Please note the new address. Fitzie has been very busy rebuilding and decorating her recently purchased apartment. the project has not been without problems. She has had some time with Mary Roy and her daughter Kay. Fitzie will be very happy to settle into her home once and for all!

Amanda McCrae Fuhro, 3808 Carmen, Brownsville, TX 78520.

Jamin Schofield Guarino, 287 High St, Hingham, Ma 02043.

Maxine Clark Hybarger, 5991 Post Oak Circle, San Jose, CA 95120: Maxine and Ray sadly experienced serious losses in 1994. Her nephew, Eric, and his sister, Kim, succumbed to Cancer. Maxine has been like a mother to them, since their mother, Louise, her sister, died 20 years ago. Also, Ray's mother succumbed to the final stages of Alzheimer's. Maxine's brother Ed and his wife, Penny, visited in February. Ray showed them the area, then all 4 of them went to Hawaii staying at the time-share. In September, Maxine and Ray returned to Hawaii, saw a misty dawn over the Haleakela Crater, then biked down the 38 mile mountain trail. Someday they hope to return to see the magnificent sunrise there. They had to evacuate for a tidal wave alert, which turned out to be 6 inches high. Maxine is considering leaving the hospital to explore other possibilities. Like many others, she is fed up with the harassment delivered by hospital management. Ray is still acting and expects to perform with his group in Ireland. In May they will vacation for 3 weeks in Ireland, England, and Scotland.

Barbara King Hemingway, 24 Alberta Road, Brookline, MA 02146.

Eleanor Dyer Hamilton, 20 Queensland Rd, North Billerica, MA 01862.

Ruth Fife Mann, Grand View Farm, 35 Fife Rd, Canterbury, NH 03224.

Judith Palmer Muggia, 14 Dartmouth St, Winchester, MA 01890: Al and Judie are enjoying the "empty nest syndrome" and grandparenting. Their Christmas letter included a wonderful family picture. Young Al is in practice with his father. He and his wife, Melanie, have 3 children. Will and Brook live in Cambridge. Will is with Westfield Capital Group and Brook is with an antique show company. Frank and Denise have a daughter, Sydney who was born May 10, 1994. Frank is an attorney with Burns and Levinson. Al and Judie enjoyed skiing in New England and Switzerland. They were in France in June, when Al was inducted into the Confrerie de Chevaliers du Tastevin, which was a unique and marvelous experience for them. Judie is Mass State Coordinator

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for Sister Cities International. She will spend time transcribing her parents' war correspondence, and will travel to St Germain, Scotland where her Dad was stationed. Then she will present for the dedication of the Normandy Wall at Caen, France, which will have Dr Palmer's name inscribed. Al will ski in the Dolomites, and visit family in Genoa and Milan.

Mary Jannino Romeo, 4 Stephanie Street, Burlington, MA 01940

Mary Duggan Roy, 7 Rambling Woods Drive, Morristown, NJ 07960: Had a nice chat with Mary. She and Norm are still traveling extensively. Their children are scattered far and wide, but some were recently in New Jersey with Mary and Norm. Kay visited from England. Christophe and Michelle, who are with the American Red Cross in Columbia, have just adopted an 18 month old son. So, Mary and Norm now have 3 grandchildren. Mary recently had dinner with Gene Corcoran and spent time with Fitzie in NYC.

Suzanne Seymour, 1818 Ridgeway, Colorado Springs, CO 80906.

The Cairas: We are all quite well. Mike is currently job-searching, since he did not keep a position when Wolfer's was taken over by Standard Electric. My unit at Leonard Morse is scheduled to close on July 1 -- hopefully, I will have a position elsewhere in the organization. Young Michael's job ended on April 15th, because his company moved out of state. All 3 of us may be job-searching! Christopher just started working for another Lock Company. He and Kelly will be married on May 5th in Las Vegas, NV and we will have a reception for them on May 20th. Maria, Jim, Catherine (3), and Laura (16 months) are all still very nearby, and frequent visitors.

This note may be premature, but I want to plant the thought early. In September, 1998, the Alumnae will celebrate the 125th Anniversary of the School of Nursing. Simultaneously, it will be our 40th Anniversary. If anyone has ideas on how you want to celebrate, please expect to plan early for hotel rooms, etc.

*Remember  
This is your magazine so  
send in your news!*

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## *Alumnae Sponsors Memorial Service for*

*Ann Cahill  
January 12, 1995  
MGH Chapel*

The Association sponsored a Memorial Service for Ann Cahill, long time volunteer and member of the board and various committees for many years. Even with an ice storm the Chapel at MGH was filled beyond capacity as those who know her during her many years at MGH came to say farewell. For the benefit of those unable to attend the Words of Remembrance given at the service are included here.

Eulogy by Mary Cairra:

I have had the pleasure of knowing Ann since I was a student at the MGH School of Nursing in the late fifties, when she was a member of the Operating Room Staff. Most of my contact with her occurred as we both were members of the Board of the Nursing Alumnae Association.

Ann was treasurer for the alumnae Association through the seventies and eighties. She managed to stretch the limited funds to meet the expenses of the organization, and to assist students and elderly members of the Alumnae. Later, she worked on the Ruth Sleeper Scholarship Committee, which gave money to deserving students at the Institute. She volunteered many hours working with the staff at the alumnae Office.

Ann used her special talents of "crowd control" at Homecoming each year. She greeted returning alumnae and facilitated their networking with classmates and friends. In other words, when 200+ noisy, happy women came thru the doors of the banquet hall, she somehow managed to direct each one to the table with her classmates.

In 1973, the Mass General Hospital School of Nursing celebrated its 100th anniversary, Ann, along with her good friend, Fran Gibbons, planned and implemented a gala 3 day event to celebrate this special occasion. Hundreds of Alumnae returned to hear outstanding speakers, dine with classmates and friends and acknowledge the accomplishments of fellow alumnae. You have no idea of the number of hours she invested in committee meetings and minute detail work to make this a memorable occasion for everyone.

Ann had a vast knowledge of the special talents of many individuals. Her wealth of knowledge, particularly in the area of surgery, made her a great resource person. Many of us approached her for advice and support. We were always directed kindly and properly.



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We will miss her smiling face, her gentle and caring manner, and her many contributions that made life a bit more pleasant for each and every one of us.

By Dorothy Mahoney:

In the early 1950's when I was a student in the MGH School of Nursing and a staff nurse that the MGH, I often heard Ann Cahill's name. And I do remember seeing her and meeting her occasionally. However, I did not really know her until I returned to MGH as a Faculty member in the school in 1965. We soon became not only colleagues but close friends. anyone who really knew Ann could not help but be her friend. she was not only a skilled practitioner, an excellent educator and a great role for nurses but also one of the kinest, most friendly and caring persons I have ever know. she was a very Special Person!

Her contributions to the SON were immeasurable. She planned and implemented the OR experience for students with skill and enthusiasm and she participated in the overall activities of the school with great commitment and caring.

Through the years Ann also invested much of her time and talent as a volunteer in the Alumnae Association. Many of you may remember the wonderful celebration of the 100th anniversary of the school which Ann co-chaired with Fran Gibbons. One of the things I remember about it was the hours I spent with Ann and others unpacking hundreds of MGH cups and saucers in the basement of Ruth Sleeper Hall. Ann was the only one who kept smiling.

On a more personal note -- I would like to share with you a few vignettes about Ann that made her so special and such a good friend. She loved Martha's Vineyard and for many years we visited the Island each Fall and stayed with Beverly Thoren an MGH classmate of mine now deceased, who owned a cottage there. Of course Ann also shared many experiences on the Island with Betty Honey. One of Ann's favorite activities was to browse in the stores looking for just the right little gifts for friends and family. One of her favorite stores was the Thift shop in Vineyard Haven where Ann made most of her notable purchases. For example: a pair of size 10 patent leather Mary Jane tap dancing shoes for her sister Peggy so she could dance while we sang "On the good ship Lollipop"! Another was a real rubber bathing suit that frequently bounced from friend to friend at parties - most recently this past summer. Can't you just see the smile on Ann's face each time that gift was opened?

She also loved weekend trips to anywhere with a small group of friends. The one of many that stands out in my mind was a trip to the Balsams on the Canadian Border. From that trip I am left with the memorable image of Ann wrapped in a horse blanket,

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riding in a sleigh in 3 degree temperatures with a big smile on her face.

And I close with a final memory from this past year before Ann became ill and while I was waging a fierce battle with a serious illness. Ann would regularly appear at my home with her typical smile and say "you need some fat on your bones. I would like to give you some of mine but this is the best I can do" as she handed me a giant coffee milk shake.

Knowing Ann and having her as a friend has truly enriched my life and I am sure I am not the only one who feels that way. although I am very saddened by her death, with time I know that memories of her will bring a smile to my face and I know that is what she would want.

By Lu Shurkus (read by Ed Coakley):

Farewell to Ann -- friend/colleague, esteemed and valued member of the MGH Community. Ann graced and enriched many lives in her career.

To all of us, over the years, she taught us invaluable lessons. She taught us how to keep peace in daily living -- how to find a ray of hope in dark times and find humor in stressful times.

Too few persons are granted a personality to have the ability to quickly gain ones confidence, think things through, forgive injustices and always to be kind.

To quote Charles Kohler "Those are our best friends in whose presence we are able to be ourselves".

Ann believed that little is needed to make a happy life -- it is within yourself and in your way of thinking.

In the lives of all men and women there are special occasions when we are called upon to give testimony to our friends and colleagues. It is difficult to encapsulate the legacy that Ann leaves behind.

Ann had many roles in her career. She was first a graduate of the MGH diploma program and then worked as a staff nurse in the operating room. she then became supervisor in the White OR -- the main operating room at the time. This is when I came to know Ann in 1955. Because I worked in the Baker OR, I knew her more by hearsay, before I knew her personally. the world was small then, life and work was less complex and Ann found many occasions for social events.

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She left her position to pursue a Bachelor's Degree at B.C, and eventually, a Master's Degree. All the time she worked in the OR off hours and weekends.

Upon completion of her studies, she became an active faculty member of the School of Nursing until its closing. At that time, she returned to the OR in a leadership role, that would be known today as a clinical specialist.

Ann was a star in this community. She dedicated her life to this arena and to numerous other causes. One of her professional achievements was to remake her professional life on two occasions so as to keep in step with developing times in the nursing field.

Ann was fun loving, she always found time to enjoy life and never passed too many opportunities for merriment.

Everybody dies -- but not everybody lives. Ann enjoyed life, her family, her friends and her colleagues.

Ann was a model in abundant living. She thought deeply, spoke gently, laughed often, worked hard, gave freely, prayed earnestly and most of all she was kind.

The last time I saw Ann socially was July 12, 1994. She called me in Maine; she thought it was about time we met for dinner along with another friend. So I drove to Burlington to meet them. It was my birthday the next day and I had not seen her since my retirement. At that time it was quite apparent that Ann showed definite signs of physical changes. She gave me a nice memento that I will always cherish.

I want to say good bye, dear friend and colleague, it was a privilege to know you. You will be sadly missed.

By Dr. J. Gordon Scannell:

Many years ago, Harvey Cushing one of the major prophets of Harvard Medical School, delivered an address on "the soul of a hospital." (Actually he said "spirit" but I like "soul" better) His point was that a great hospital is defined only in small part by its GREAT doctors and teachers, its soul is made up of the Annie Cahills of the world who dedicate their lives to run the wards and clinics and yes, the operating rooms with basic good humor and tolerance for the struggling resident. Having been the beneficiary of that tolerance and good humor over Annie's surgical career, I speak feelingly on the subject.

Many years ago -- I think it began in the late fifties -- at Christmas time Annie would have a fascinating Christmas decoration on the corner of her desk in the OR. In a family

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sized Mayonnaise bottle filled to the top with sparkling water a white angel figure stood before some greenery as moth balls covered with fine buvvles went up and down -- seemingly endlessly. Every Christmas season since that time our family has such a contraption, even to this year, perhaps especially this year, as we remembered the fading smile of our friend.

So truly  
Friends live in the words of friends  
That, gathered in your name  
One shining eve  
And pledging your bright deeds  
No passing ends.  
We knew you living  
And forgot to grieve.

When Annie retired almost ten years ago, there was indeed a suitable jolly reception, that spawned the following bit of plagiarism:

Little Orphan Annie's leaving this house today,  
So she says. the rest of us just don't know what to say,  
We really can't believe that our Annie won't be here  
She'll be ever in our thoughts, though, of that she need not fear.  
For residents and students when all was said and done  
Gathered round our genial Annie and had the mostest fun  
A'listenin' to the witch tales that Annie tells about;  
And the GEC will get you if you don't watch out.

So Annie dear and did you hear the word that's going around,  
That all the men that filled your life give forth a mournful sound.  
You've proved its true that of the staff you really are the most.  
You cast your bread upon the waters, it comes back buttered toast.



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## *In Memoriam*

- 1917 Mary Williams, February 7, 1995.  
1924 Gertrude Reynolds Herman, November 10, 1994.  
1926 Goldie E. Barton, January 31, 1995.  
1927 Mary Irene Leonard Beagle, December 13, 1994.  
1931 Martha Holcomb Morrow, April, 1995.  
1932 Anne Orint Hearn, April 4, 1995.  
1933 Lois R. Gammon Fielding.  
1934 Dorothy L. Keniston Champigny, April 3, 1995.  
1934 Mary Driscoll Smith.  
1935 Florence Berritt Ogden, January 9, 1995/  
1937 Mary Staats, November 27, 1994.  
1937 Virginia Kidder Denton, September 30, 1994.  
1938 Madeline Rowell Trabucco, November 19, 1994.  
1938 Eileen R. Wolseley, April 9, 1994.  
1939 Mary E McCarthy Wheeler, August 30, 1994.  
1940 Ina Mary Galbraith Wahl, February 4, 1995.  
1940 Claire Pentecost Berry, 1994.  
1943 Barbara Parsons McGary, 1994.  
1944 Marie Ellen Rearick, December 21, 1994.  
1945 Ann M. Cahill, December 19, 1994.  
1949 Mary Anna (Pat) Morse Ballentine, December 1, 1994.  
1952 Rosella Audet Harris, December 9, 1994.  
1959 Barbara Cole, December 21, 1994.  
1979 Felicitas E. Burke, March 27, 1995.

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### **Call For Annual Meeting**

**Date:** Saturday, September 23, 1995  
**Time:** 9:00 AM  
**Place:** Howard Johnson '57  
200 Stuart Street  
Boston, MA

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*Clinical Applications in a Managed Care World*

Presented by

Sarah T. Fry PhD, RN, FAAN  
Henry Luce Professor Nursing Ethics  
Boston College School of Nursing

**FRIDAY, SEPTEMBER 22, 1995**

**1 PM TO 4 PM**

**Walcott Room, Wang Ambulatory Care Center, MGH**

CONTACT HOURS WILL BE AWARDED

RECEPTION IMMEDIATELY AFTER THE PROGRAM

To register for the CEU program please complete the following application, enclose your check to cover the cost and mail to the MGH Nurses Alumnae Association by September 2, 1995.

Late applications will be accepted only if space is available.

Please note the CEU Program is not included in the cost of the Homecoming Program held on Saturday, September 23rd.

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**PROGRAM APPLICATION:**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

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**FEE ENCLOSED:**

MGHNAA MEMBER	\$15.00	_____
YEAR OF GRADUATION		_____
NON-MEMBER FEE	\$20.00	_____
SOCIAL SECURITY #		

**MAIL TO: MGH NURSES ALUMNAE ASSOCIATION**  
Ruth Sleeper Hall - 180  
MASSACHUSETTS GENERAL HOSPITAL  
BOSTON, MA 02114

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MASSACHUSETTS GENERAL HOSPITAL NURSES' ALUMNAE ASSOCIATION, INC.

## HOMECOMING 1995

Honoring the:

60 year Class of 1935, 50th year Class of 1945,  
40th year Class of 1955, 25th year Class of 1970

**SATURDAY, SEPTEMBER 23, 1995**

HOWARD JOHNSON'S "57"  
200 STUART STREET, BOSTON

Registration and coffee 8:30 AM

Annual Meeting 9:00 AM

Program 10:30 AM

Reception 12 Noon

Luncheon 1 PM to 3 PM

Program

*Nurse Midwifery at the MGH*

*An ancient art in a high tech mecca*

Darcy Brewin CNM, MSN  
Nurse Midwife , MGH

Registration, meeting, & luncheon: Twenty-five dollars

\$25.00 fee must be paid at the time reservation is made and is non refundable. Please note that all luncheon reservations must be received by September 2nd and no reservations will be accepted at the door. If you are making arrangements for others, please be sure to include name and address to avoid duplication of reservations. Reservations are restricted to 300 so reserve early. Please complete and return this form by September 2 with your check for \$25.00.

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Reservation MGH Nurses Alumnae Homecoming 1995

Print Name\_\_\_\_\_

Address\_\_\_\_\_

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Class\_\_\_\_\_

I enclosed my check for \$25.00 for Homecoming Meeting and Luncheon.

Luncheon ticket will be at the registration desk.

Mail today to: MGHNAA, Ruth Sleeper Hall - 180  
Mass General Hospital, Boston, MA 02114.

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MASSACHUSETTS GENERAL HOSPITAL  
NURSES ALUMNAE ASSOCIATION  
RUTH SLEEPER HALL -180  
MASSACHUSETTS GENERAL HOSPITAL  
BOSTON, MA 02114

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